

September 28, 2010

Dear Judy,

On September 23-24, 2010 the Family Health Team Dietitians- Ontario hosted our 5<sup>th</sup> Annual conference at the Hyatt Regency in Toronto. This year's theme was "Dietetic Practice Update: FHT for Everyone" in an effort to celebrate working as a part of multidisciplinary teams. We welcomed 91 participants that included not only dietitians, but also social workers, nurses and pharmacists.

We kicked off the conference on day one with some wonderful and inspiring speakers who addressed mindful eating, pediatric obesity, pediatric failure to thrive, and natural health products. Participants were able to walk through our marketplace to view new nutrition products from various companies and were provided with lots of great samples. On day two we welcomed a few more speakers who touched on practice-based evidence nutrition resources and bariatric surgery. The Family Health Team Dietitians spent the remainder of the afternoon in our network groups planning how to improve our effectiveness as an integral member of family health teams.

We had a great turnout and raffled off some great prizes! Thank you to all of our sponsors for your support.

The success of the conference would not have been possible without your kind generosity. Thank you again for supporting the Family Health Team Dietitians.

Sincerely,

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## Dietetic Practice Update

